

## **NaSA Case Study Portfolio Information Sheet**

2021 version 1.2

## Numbers and Types of Case Studies Due - NZ Cert & Dip in Beauty Therapy

| Subject  | Include  | Number Due |
|--|--|------------|
| Make Up  | <ul> <li>Day</li> <li>Evening</li> <li>Special Occasion</li> <li>Bridal</li> <li>Corrective</li> </ul>   | 5          |
|  | Include before and after photographs for each case study   |            |
| Manicure and Pedicure  | <ul> <li>Perform:</li> <li>At least 1 French Polish</li> <li>At least 1 manicure or pedicure with a specialised treatment and ending with a buff (no varnish)</li> <li>A variety of manicures and pedicures</li> </ul> Repeat any of these treatments to complete all case studies | 5          |
| Skin Care and Eye<br>Treatments  | <ul> <li>Include eyelash tinting and brow shape in each treatment</li> <li>Comment on healthy diet for the skin in homecare advice</li> </ul>  | 5          |
| Waxing   | <ul> <li>Bikini</li> <li>Forearm</li> <li>Half Leg</li> <li>Lip and Chin</li> <li>Underarm</li> </ul>  | 5          |
| Advanced Facial Treatments and Facial Electrical Treatments                      | Include a full facial with advanced treatment or facial electrical treatment within the same case study     Perform a variety of advanced treatments and facial electrical treatments to complete all case studies   | 5          |
| Body Massage, Figure<br>Diagnosis, Exercise and<br>Body Electrical<br>Treatments | <ul> <li>Include massage, body electrical treatment and figure diagnosis within the same case study</li> <li>Treat each client 2 times with 1 body electrical treatment</li> <li>Comment on healthy diet and exercise in home care advice</li> </ul>                               | 3          |
| Blend Electrology  | <ul> <li>Treat clients 2 times on each case study</li> <li>Perform a treatment on the face on at least 1 case study</li> <li>Choose from a variety of areas for the rest</li> </ul>  | 3          |
| High Frequency<br>Electrology  | <ul> <li>Treat clients 2 times on each case study</li> <li>Perform a treatment on the face on at least 1 case study</li> <li>Choose from a variety of areas for the rest</li> </ul>  | 3          |

### Case Study Portfolio Requirements and Information

### What is a case study?

A case study is written documentation of work you have carried out on a client. It should reflect your competence in and knowledge of the subject(s).

# Case studies are compulsory. You must achieve a pass grade for your entire case study portfolio to qualify at NaSA and ITEC.

- You complete case studies under the guidance of your tutors, who will monitor the quality of your written work. Case study portfolios are part of your final examinations.
- Each case study should take 3 to 5 hours of work, both practical and written. Some case studies can be done in class and then completed at home.

#### Presentation is very important. Your work is representing you.

- Download case study forms from the NaSA Web site.
  - Before you start filling in your first case study, save it as a separate file with a unique name for each separate client, then fill in the relevant information.
- Correct spelling and terminology. Ask someone to proofread your work if you aren't sure.
- Use colour for make-up key and use photographs for make-up case studies.
- Complete every box in every section, where required.
- Give full and detailed explanations where required, e.g. treatment plan, after care, et cetera.
- Present your portfolio in a ring binder with dividers between each module.
- Complete case study work as soon as you can and do not leave it until near the due date. Please see notice board or emails for due dates.

### We have supplied example case studies for you to look at.

Access this from our Moodle site at https://nasanz.moodle.school

## **Case Study Portfolio Checklist**

| All case studies completed                                       |
|--|
| One ring binder to hold case studies in with title page dividers |
| Use hole puncher. NO PLASTIC SLEEVES.                            |
| No staples or paper clips  |
| Your work has been proofread for spelling and grammar.           |
| Your name is on the binding / cover.                             |

Late submissions will not be accepted.

If you are late submitting any part of your case study portfolio, you will forfeit your opportunity to sit final examinations.