## **Hands and Feet**

All manicure and pedicure treatments include a hand and / or foot soak, nail shape, cuticle work with normal or gel polish to finish off.

Standard Manicure (45 minutes)	\$30
Standard Pedicure (60 minutes)	\$35
Manicure and Pedicure Combination	\$55
Gel Manicure (60 minutes)	\$35
Gel Pedicure (60 minutes)	\$45
Gel Manicure and Pedicure Combination	\$65
Gel removal (please allow extra 20 minutes)	\$10
Deluxe Pedicure (90 minutes)  • Includes callus removal, foot mask and hot towel	\$45

# **Include in Any Hand and Feet Treatment**

Standard French Polish (15 minutes)	\$10
Gel French Polish (15 minutes)	\$15
Paraffin Dip	\$10
Peel and Mask	\$10



# **Appointments are essential**

**Absolute Aesthetics Appointment Times** 

### Thursdays

- 9:30 AM to 11:00 AM
- 11:00 AM to 12:30 PM

#### **Fridays**

- 9:30 AM to 11:00 AM
- 11:00 AM to 12:30 PM

We are closed during the school holidays

134 Antigua Street Addington Christchurch 8024

(03) 366 5037

info@nasa.co.nz www.nasa.co.nz/clinic/

### Please note:

- Treatment times are approximate and may vary.
- Treatment availability depends on where the students are in their training, their competency, and the number of students available to offer treatments.
- Clients must be 18 years old or over, or 16 and over with a legal guardian with the ability to give consent present.
- Do not bring food or drinks with you.
- Please leave children off-campus under the care of a responsible adult as we are a training facility.
- We are closed school holidays.

Gift certificates are available for purchase Refer to the terms and conditions on our Web site

From immediate solutions with skin problems through to impact treatments to luxurious pleasure and wellness treatments



All treatments include a consultation and skin analysis, where required.

### **Facial Treatments**

Janssen Facial \$40

Rich, divine, relaxing facial using our Janssen range to nurture your skin. This 60 minute facial includes cleanse, steam and exfoliation, massage, mask and suitable day products to compliment your treatment.

#### O Cosmedic Pro Dermal Facial Peel \$60

O uses the purest medical-grade ingredients to offer intense skin-changing results, affecting skin youth, health and renewal. This 45 minute facial includes deep cleanse, exfoliation, Pro Dermal Peel, lush Alginate rubber mask, serum, moisturizer with sun protection. Includes a neck and décolleté massage or arm massage.

# Microneedling (senior students only) \$60

Aim is to tighten, lift and rejuvenate your skin. Includes a cleanse, skin analysis and application of after-care product.

# Microdermabrasion (senior students only) \$40

Non-invasive, gentle, deep exfoliation treatment (lasting 45 to 60 minutes). Stimulates blood flow and leaves your skin refreshed and glowing. Helps reduce fine lines. Unclogs pores and clears congestion.

Include a soothing rubberized mask +\$20

### **Include in your Janssen Facial**

Available as an add on to any Janssen Facial.

# High Frequency

- Direct Stimulates cell renewal, helps with blemishes, improves skin color. Uses an electrode.
- Indirect Relieves tension, removes waste from the skin and improves circulation. Nourishes through massage.

## **Galvanic Iontophoresis**

\$15

\$15

Beneficial for all skin types, This 10 minute treatment infuses an active substance deeper into the skin.

### **Light Emitting Diode (LED)**

\$15

Non-invasive treatment helps stimulate the skin's natural regeneration through light-emitting diodes.





# **Eyelashes and Brows**

Eyelash Tint	\$15
Eyebrow Tint	\$15
Eyebrow Shape and Tidy	\$15
Eve Trio	\$35

Treatment includes eyelash and eyebrow tint with eyebrow shape and tidy. Allow up to 1 hour.

## **Deluxe Eyelashes and Brows**

Henna Brow Tint	\$30
Lash Lift	\$40
<ul> <li>Include an eyebrow shape / tidy</li> <li>Include an eyelash tint</li> </ul>	+\$10 +\$10

#### **Hair Removal**

Removing unwanted hair, leaving your skin smooth.

Half Arm Wax	\$20
Underarm Wax	\$20
Half Leg Wax	\$25
Full Leg Wax	\$35
Bikini Line Wax	\$25
Brazilian Wax	\$35
Upper Lip and Chin Wax	\$10
Facial Wax (From \$5)  Add-on, not including eyebrow shape and / or tidy	<b>\$</b> 5+



## **Body Treatments**

Start your day with one of our relaxing body treatments.

## Full Body Massage

\$50

\$30

Start your day with a 60 minute full relaxation body massage to help relieve muscle pain and reduce stress.

# Back, Neck and Shoulder Massage

Indulge in a relaxing back, neck and shoulder massage. This 30 minute massage releases tension and sore muscles.

#### **Back Exfoliation**

\$30

Includes back exfoliation, hot towel and body moisturizer. 30 minutes.

#### Deluxe Body Exfoliation

\$90

Indulge in a full relaxation body massage, a luxurious back exfoliation with a mask and hot towel. 90 minutes.